



**ANNUAL REPORT  
2016-2017**

## **ACKNOWLEDGEMENT**

MATC acknowledges that today we are on Treaty One territory and on the homeland of the Metis Nation.

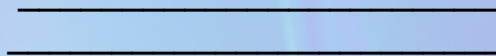
We also acknowledge that Manitoba includes the original lands of Anishinaabeg, Cree, Oji-Cree, Dakota and Dene people and Inuit people

We respect the Treaties that were made on these territories and we acknowledge the harms and mistakes of the past. We dedicate ourselves to moving forward in partnership with First Nations, Metis and Inuit communities in a spirit of reconciliation and collaboration.

## **MISSION STATEMENT**

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders.

MATC strives to be sensitive, responsive, and innovative in meeting the changing needs of children, adolescents, families and communities.



## **VISION STATEMENT**

MATC assumes a leadership role in the delivery of a prompt accessible range of integrated mental health services.

MATC creates respectful partnerships with parents and communities to help children and adolescents achieve a maximum possible quality of life.

## Report of the CEO

In 2015/16, MATC experienced loss and change. In 2016/17 along with change, which is inevitable, MATC has experienced growth and the consolidation of a number of initiatives.

Last November's conference on cultural competency and reconciliation was well attended. The presentations were thought provoking, moving and provided much food for thought for individuals and for MATC as a whole. I am hopeful that the legacy of the conference will be an organization that is open to learning about how we can be a part of reconciliation both in practice and spirit.

Elder Mary Wilson continues to support MATC's path to reconciliation. She has become an integral part of MATC and has enhanced our ability to provide culturally sensitive service to our First Nations, Inuit and Metis clients. Mary's teachings have been embraced by many of the clients and staff. We look forward to a long relationship.

MATC staff had the opportunity to participate in the AON Hewitt Survey in the last year. This survey looked at staff engagement throughout the organization. The results of the survey were shared with MATC Management. As a result of the survey each Program Manager is expected to put together a plan which will respond to the survey and be incorporated into the overall MATC staff engagement plan.

Some of the highlights were the need

for senior Management to be more visible throughout the organization, increased time for staff to meet with Program Managers and increased frequency of performance conversations. All of these things have been included in the MATC Staff Engagement Plan which has been shared with the MATC Board and all staff groups. Work in this area will be ongoing.

The Rural and Northern Telehealth Service (RNTS), under the leadership of Lori Middendorp, Program Manager and Dr. Mark Koltek, Director of Telehealth Services, will be expanding its services.

Under the Jordan's Principle Initiative, RNTS will be providing clinical services, mental health education and support to community service providers in all 63 First Nations communities in Manitoba.

The Federal government, under the Jordan's Principle initiative, will provide funding for 5 additional Mental Health Clinicians, administrative support, psychiatry and psychology time to support the increased clinical activity.

This increase in capacity is significant as presently RNTS provides service in 15 Northern and remote communities. Access to these communities is generally fly-in, which can limit the on the ground presence. As many of the additional communities are less remote, RNTS will be able to be in

those communities more frequently and for longer periods of time.

The MATC Board and staff are very pleased that we are able to provide this service and look forward to establishing positive relationships with all the First Nations communities that we will be serving.

There has been some turnover of staff in our organization over the past year with the retirement of several long standing staff members from different service areas. We wish them all good health and happiness as they begin this next stage of life. To all the new staff that have joined the organization over the last year, we extend a warm welcome and are hopeful that you will have a long and satisfying career at MATC.

On a sad note, I would like to acknowledge our former Board chair, Mr. Stephen Edwards, who passed away in June. He was a supporter and advocate for youth, particularly MATC clients. We are grateful for his contributions to the MATC Board and extend our condolences to his family and friends on their loss.

Marg Synyshyn, RPN, BHS, (Psych Nsg), MA  
Chief Executive Officer

***Pause. Connect. Reset.***

*Everyone talks about stress,  
but what is it exactly?*

*Stress can come from many  
sources  
and isn't always bad.*

*Negative stress can result from too  
many demands on your time like  
arguments with friends or family, or  
being bullied.*

*Positive stress can happen too,  
like when you play a game or  
prepare for a test.*

*Either way, stress over a long peri-  
od of time can impact your mental  
and physical health.*

***It's time to pause, connect, re-  
set.***

*Stress Hacks has information to  
explain stress and help you to  
manage it!*

*Visit: [www.stresshacks.ca](http://www.stresshacks.ca)  
for information and available re-  
sources for youth, families, helpers  
and professionals.*

## MATC SERVICES

*MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. A full continuum of programs and services, both community and hospital based, are available to children, adolescents and their families. Services range from brief interventions to intensive long-term treatment. Treatment is provided from a variety of perspectives and is delivered in partnership with parents and collateral agencies.*

Services are for children and youth ages 3 to 18 located within several sites and include the following:

- Child & Adolescent Mental Health Service Centralized Intake
- Youth Addictions Centralized Intake Service
- Attention Deficit Hyperactivity Disorder Service
- Brief Community Child & Adolescent Treatment Service
- Community Child & Adolescent Treatment Service
- Early Childhood Clinic
- Intensive Community Re-Integration Service
- Intensive Treatment Service - Inpatient
- Neurodevelopmental Service
- Neurodevelopmental Service - Autism
- Rural & Northern Telehealth Service
- Student Mental Health Resource Team
- Tourette Syndrome Service
- Youth Forensic Service
- Services to Other Organizations
- Services to Other Regions

**The Child & Adolescent Mental Health Centralized Intake Service** provides a single point of entry to child and adolescent mental health services making it easier to navigate for families and professionals to access service.

**Youth Addictions Centralized Intake Service** is a Provincial service that offers information and support to parents regarding the Youth Drug Stabilization (Support for Parents) Act. It serves to provide information to youth, their families and allied professionals regarding addiction services for youth in Manitoba.

**The Attention Deficit Hyperactivity Disorder Service (ADHD)** has a provincial mandate to provide assessment, treatment and consultative services to children and youth who have Attention Deficit Hyperactivity Disorder and their families/guardians. The service is comprised of a multidisciplinary team that works collaboratively with families and other systems.

Telehealth consultation services are provided to those that are living outside of Winnipeg. The ADHD Service staff work in partnership with Community Child and Adolescent Mental Health regional offices in those areas.

**The Brief Child & Adolescent Treatment Service (BCATS)** is a sub-service of the Community Child & Adolescent Treatment Service. The service provides a brief treatment model to clients on the wait list depending on the client's acuity.

**The Community Child and Adolescent Treatment Service (CCATS)** provides a range of community based mental health treatment services to children and adolescents (ages 5 to 18 years), and their families. These services are provided in the Winnipeg area to those experiencing emotional, behavioural, or psychiatric difficulties.

**The Early Childhood Clinic (ECC)** is a service offered by MATC to help families with children 5 years of age and under, with their emotional and behavioural problems.

**The Intensive Community Re-Integration Service (ICRS)** offers comprehensive treatment and educational supports to children in early and middle adolescence that have complex mental health concerns that require support beyond that of traditional outpatient services. Family involvement is an integral part of the service through active participation with the care team and throughout the treatment process. Active involvement of the community school in areas of transportation and transition are key to the successful transition back to the community.

**The Intensive Treatment Service** is a hospital based service that provides intensive inpatient assessment and treatment services to adolescents with severe psychiatric and/or emotional disorders from Manitoba and the North.

**The Neurodevelopmental Service (NDS)** provides psychiatric support for children ages 5 - 18 years with complex neurodevelopmental issues. This service also provides assessment, education, consultation and support to families and community caregivers who are involved with school-aged children with Autism Spectrum Disorders.

**The Rural and Northern Telehealth Service (RNTS)** provides mental health services via telehealth to targeted First Nations communities in Northern Manitoba and was developed in response to recommendations that were outlined in the Reclaiming Hope: Manitoba's Youth Suicide Prevention Strategy.

The service works with partnerships formed with First Nations communities, stakeholders as well as branches of government such as the departments of Health, Family Services and the First Nations Inuit Health Branch.

**The Student Mental Health Resource Team (SMHRT)** provides focused services assisting students that are facing challenges within the school system related to mental health needs. Services are provided through a collaborative partnership between parents and students, school team members and SMHRT. The team consists of mental health staff and education system staff.

**The Tourette Syndrome Service (TSS)** provides consultation, assessment and treatment to children and adolescents who are experiencing symptoms of Tourette Syndrome in conjunction with associated disorders.

**Youth Forensic Services (YFS)** provides mental health Court Ordered assessments and treatment to adolescents involved with the youth criminal justice system. Staff also provide mental health services at Agassiz Youth Centre (AYC) and Probation Services.

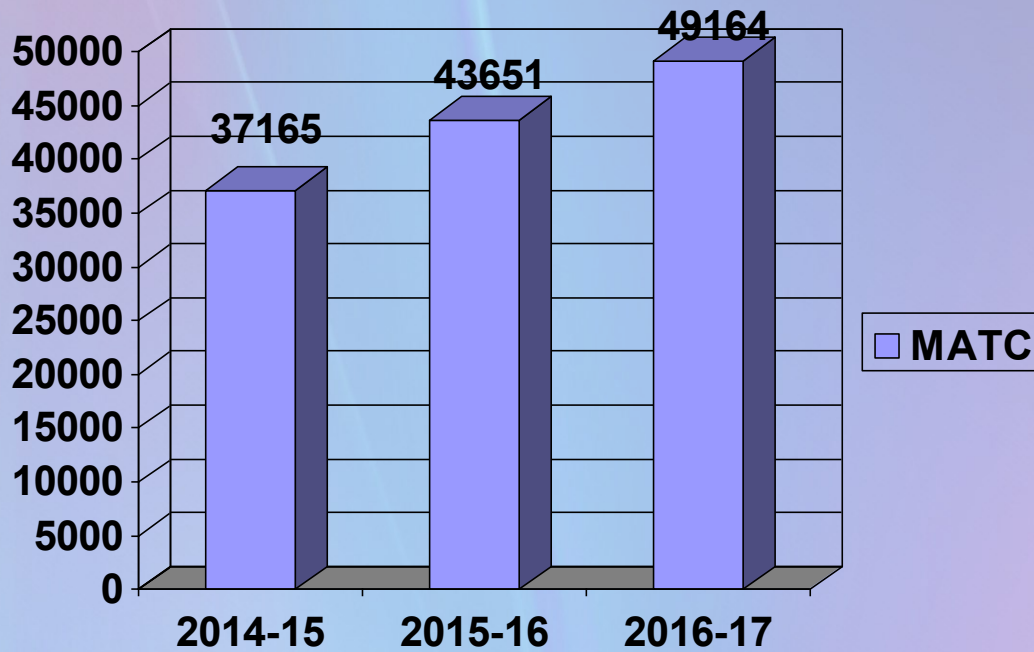
**Additional services** provided by MATC include consultation and/or assessment to:

- Gender Dysphoria Assessment & Action for Youth Service
- Knowles Centre
- Marymount
- Pediatric Adolescent Satellite Clinic
- St. Amant Centre
- NorWest Co-Op
- ACCESS Fort Garry
- ACCESS Winnipeg West
- Concussion Clinic

**Services to other Regions** - MATC also provides psychiatric consultation services to Regional Health Authorities across Manitoba working in partnership with community mental health within each of the different regions. MATC psychiatrists provide services onsite within each of the regions as well as via telehealth.



**MATC Client Contacts  
2014/2015 , 2015/2016 and 2016/2017**



**MATC Programs:**

- Assess at Intake
- ADHD Service
- Brief Child & Adolescent Treatment Service
- Community Child & Adolescent Treatment Service
- Early Childhood Service
- Intensive Community Re-Integration Service
- Neurodevelopmental Service
- Neurodevelopmental Service (Autism)
- Rural & Northern Telehealth Service
- Student Mental Health Resource Team
- Tourette Syndrome Service
- Youth Forensic Service

**MATC Services to other Organizations**

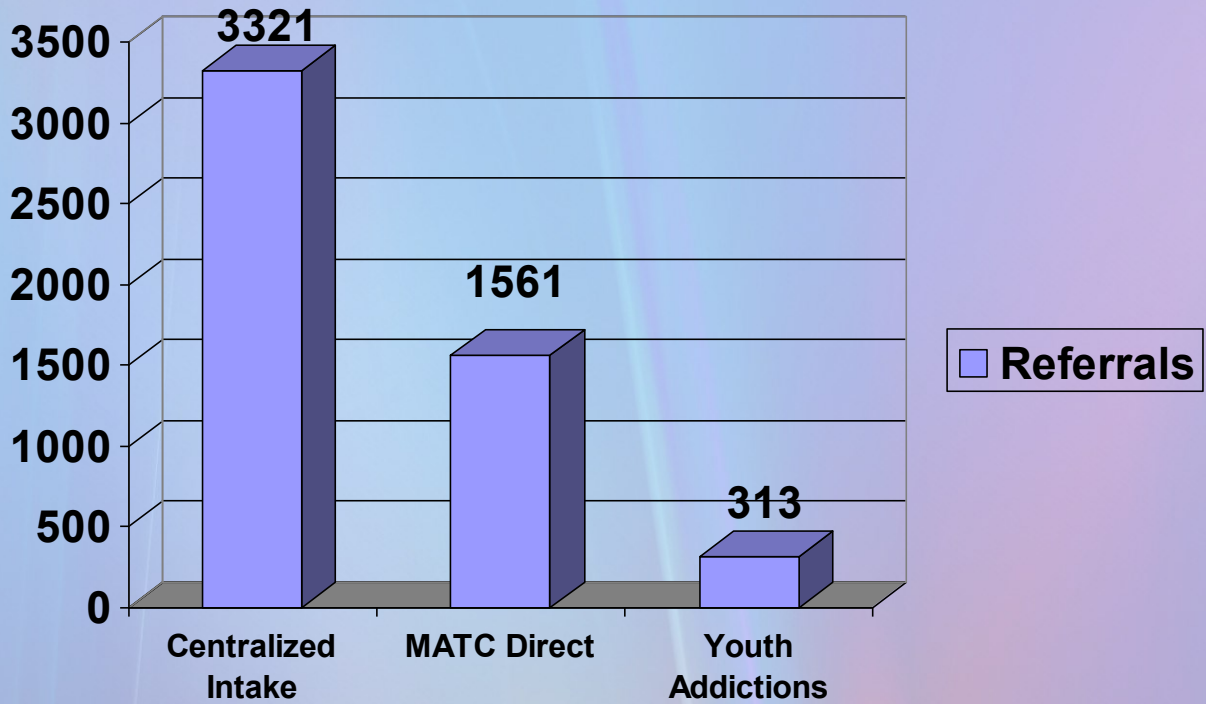
- Gender Dysphoria Assessment & Action for Youth Service
- Knowles Centre
- Marymound
- Pediatric Adolescent Satellite Clinic
- St. Amant Centre
- NorWest Co-Op
- ACCESS Fort Garry
- ACCESS Winnipeg West
- Concussion Clinic

**Services to other Regions:**

- Churchill
- Interlake Eastern
- Northern
- Prairie Mountain
- South

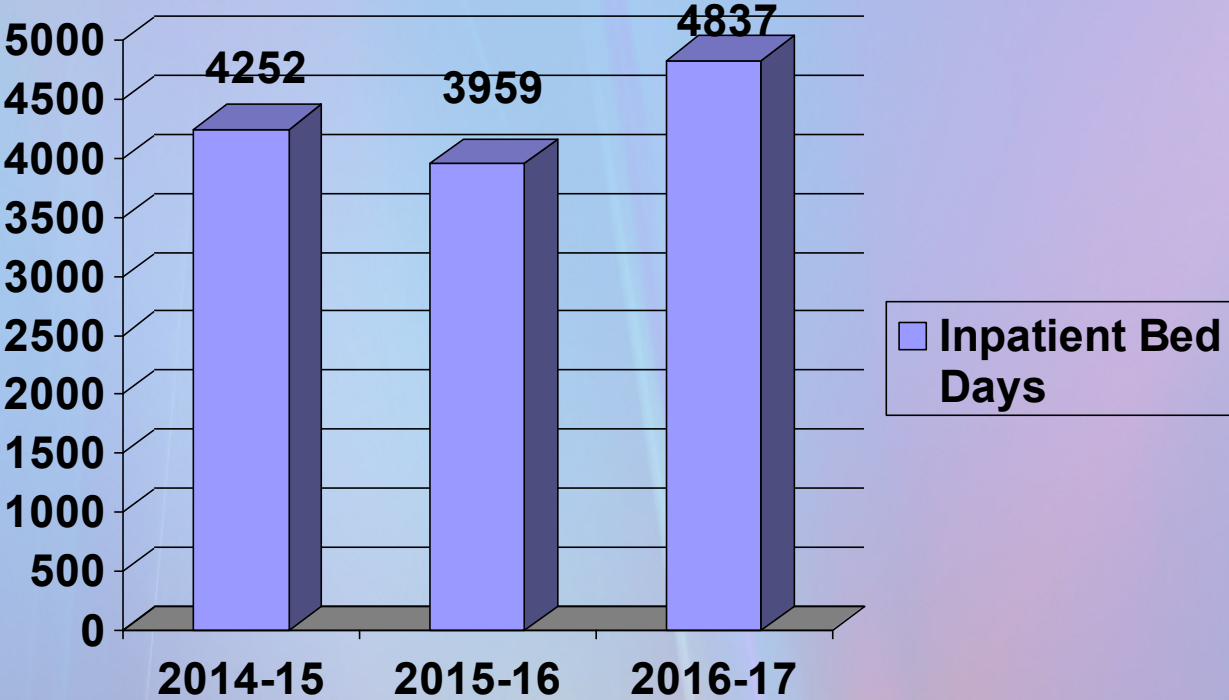
## REFERRALS

Number of Referrals Received Child & Adolescent Mental Health Centralized Intake, Youth Addictions Centralized Intake and Direct to MATC For the 2016-1017 Fiscal Year



# MATC INPATIENT DAYS

MATC has 14 inpatient beds. The following represent the total Number of bed days.



*Occupancy Rate for 2016-17 = 94.65%*

# MATC FINANCIAL REPORT

## MANITOBA ADOLESCENT TREATMENT CENTRE INC.

### Statement of Operations

For the Year Ended March 31, 2017

	2017	2016
<b>Revenue</b>		
Winnipeg Regional Health Authority	\$ 10,897,826	\$ 10,713,208
Province of Manitoba	25,000	25,000
Recovery and other	284,236	382,025
Interest and miscellaneous income	12,592	13,180
Amortization of deferred contributions relating to capital assets	71,768	78,826
Actuarial change in pre-retirement leave receivable	7,001	(48,988)
Actuarial change in sick leave receivable	(17,776)	(57,348)
	<b>11,280,647</b>	<b>11,095,913</b>
<b>Expenses</b>		
Amortization	71,768	78,826
Medical remuneration	-	234,301
Actuarial change in pre-retirement leave payable	7,001	(48,988)
Actuarial change in sick leave liability	(17,776)	(57,348)
Hospital Services	5,393,877	5,353,443
Community Child and Adolescent Treatment Services	2,555,921	2,393,538
Centralized Intake Services	982,345	911,055
Youth Forensic Services	518,926	492,797
First Nations Telehealth	397,701	323,952
Youth Addictions	344,791	332,054
Attention Deficit Hyperactivity Disorder Services	639,495	607,290
Tourettes	293,094	333,470
	<b>11,188,143</b>	<b>10,840,603</b>
<b>Excess of revenue over expenses for the year</b>	<b>\$ 92,504</b>	<b>\$ 155,310</b>

See notes to financial statements

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## **MATC Board of Directors**

Stephen Edwards (Past Chair)  
Darcy Cormack (Chair)  
Dr. Richard Zloty  
Wendy McPherson  
Dr. Tracey Bone  
Joan Fransen

## **MATC Management Team**

Marg Synyshyn, CEO

Dr. Julie Enyingi, Medical Director

Barb Finnbogason, Director of Finance

Dr. Jaye Miles, Director  
Head of Psychology  
Community Child & Adolescent Treatment Services  
Student Mental Health Services  
Early Childhood Clinic

Dr. Mark Koltek, Director  
Telehealth Services

Genevieve Druwe, Program Manager  
Neurodevelopmental Service, Tourette Syndrome Service  
Intensive Community Re-integration Service

Deb Melanson, Program Manager  
Intensive Treatment Service

Lesli Shafer, Program Manager  
Child & Adolescent Mental Health—Centralized Intake Service  
ADHD Service

Lori Middendorp, Program Manager  
Youth Addictions Centralized Intake Service  
Rural & Northern Telehealth Service

Dianne Hoffman, Manager  
Corporate Services

A publication of the Manitoba Adolescent Treatment Centre Inc.  
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And  
[www.stresshacks.ca](http://www.stresshacks.ca)