

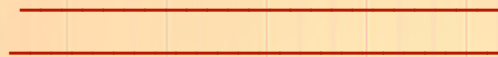
***2015-2016
Annual Report***

Enhancing Our Commitment

MISSION STATEMENT

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders.

MATC strives to be sensitive, responsive, and innovative in meeting the changing needs of children, adolescents, families and communities.



VISION STATEMENT

MATC assumes a leadership role in the delivery of a prompt accessible range of integrated mental health services.

MATC creates respectful partnerships with parents and communities to help children and adolescents achieve a maximum possible quality of life.

Report of the CEO

Since the last annual report, MATC has experienced loss and change as an organization.

On June 1, 2016 Dr. Karen Sutherland, MATC Medical Director, passed away. Although she had been ill for a while she was able to continue in her role until close to her time of passing.

Dr. Sutherland was a very well regarded psychiatrist and colleague. She had a quiet way about her but was a strong advocate for clients, families and quality services for all.

MATC celebrated Dr. Sutherland's time at MATC by hosting a "lunch group" in her honour for all staff. It was well attended and gave all an opportunity to share stories and remembrances of our friend and colleague.

Dr. Julie Enyingi took on the role of Acting Medical Director in mid-April. Following Dr. Sutherland's passing, Dr. Enyingi was appointed into the position for a 5-year term. She has worked hard to make the transition seamless.

Dr. Enyingi has been with MATC for a number of years and had joined the MATC Management team last year.

Aside from her clinical responsibilities, Dr. Enyingi has been responsible for Post Graduate Medical Education (Psychiatric Residents) at MATC.

A long time Program Manager at MATC, Michael Long, retired from MATC at the end of June 2016, after

26 years of service. Michael started at MATC as an Occupational Therapist in the Intensive Treatment Service and managed a number of hospital and community services.

MATC was fortunate in being able to recruit Genevieve Druwe to fill the Program Manager position. Genevieve, who is a social worker and has an MPA, comes to MATC after having managed mental health and home care in the St. Boniface community area. She also worked in the area of disabilities with Family Services.

We all wish Michael a wonderful retirement and welcome Genevieve warmly.

As a demonstration of our commitment to enhancing our ability to provide culturally competent service to our First Nation, Métis and Inuit clients and families, since April of 2016, MATC has had access to the services of Elder Mary Wilson. She has served as a teacher, counselor and consultant to MATC staff and clients.

Mary has provided invaluable teachings and support to a number of services in the organization with a special focus on the Intensive Treatment Services at the 120 Tecumseh site. She has also been a member of our conference planning committee and has graciously agreed to be the keynote speaker at the MATC Annual General Meeting in November.

MATC continues to be involved in a number of community initiatives, such

as Winnipeg West Access, Corydon Access and we will be commencing a partnership with Fort Garry Access this fall.

We continue to welcome Psychiatric residents to MATC. The residents have been located at the 120 Tecumseh site and the 165/167 St. Mary's Road site. The residents are a welcome part of clinical teams and give MATC psychiatrists an opportunity to provide guidance, education and unique learning experiences to the next wave of psychiatric graduates. This year we will also welcome third and fourth year medical clerks for brief clinical postings.

The MATC website and the stresshack.ca websites, both launched last year, have had very positive responses from youth, caregivers and the general public.

The MATC website is refreshed regularly with new information and links, as is Stresshacks. The Stresshacks website will be translated into French in the near future.

The Stresshacks partners will be meeting in October to review the first year of operation.

MATC and partners were nominated for a Manitoba Government Partnership award for the development of the Stresshacks

website. Although we didn't win in our category, it was an honour to be nominated in a large field of possible nominees.

This is MATC's second nomination in this category. MATC and its partners won the award in 2013 for the development of Rural and Northern Telehealth Services (RNTS).

MATC will be hosting a conference on November 3 and 4, 2016 at Canad Inns Polo Park to focus on cultural competency and reconciliation with a focus on youth mental health.

The keynote speaker will be Phil Fontaine, former National Chief of the Assembly of First Nations. Guest speakers are Dr. Barry Lavallee, MD, CCFP, FCFP, MCISc and Dr. Marcia Anderson DeCouteau, MD, MPH, FRCPC.

We are anticipating a thought provoking conference. The first day of the conference will be open to the general public and the second day will be for MATC staff only.

Thanks go out to the Planning Committee who have worked hard over the last year and a half to put together the conference.

Marg Synyshyn
Chief Executive Officer

MATC SERVICES

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. A full continuum of programs and services, both community and hospital based, are available to children, adolescents and their families. Services range from brief interventions to intensive long-term treatment. Treatment is provided from a variety of perspectives and is delivered in partnership with parents and collateral agencies.

Services are for children and youth ages 3 to 18 located within several sites and include the following:

- Child & Adolescent Mental Health Service Centralized Intake
- Youth Addictions Centralized Intake Service
- Attention Deficit Hyperactivity Disorder Service
- Brief Community Child & Adolescent Treatment Service
- Community Child & Adolescent Treatment Service
- Early Childhood Clinic
- Intensive Community Re-Integration Service
- Intensive Treatment Service - Inpatient
- Neurodevelopmental Service
- Neurodevelopmental Service - Autism
- Rural & Northern Telehealth Service
- Student Mental Health Resource Team
- Tourette Syndrome Service
- Youth Forensic Service
- Services to Other Organizations
- Services to Other Regions

The Child & Adolescent Mental Health Centralized Intake Service provides a single point of entry to child and adolescent mental health services making it easier to navigate for families and professionals to access service.

Youth Addictions Centralized Intake Service is a Provincial service that offers information and support to parents regarding the Youth Drug Stabilization (Support for Parents) Act. It serves to provide information to youth, their families and allied professionals regarding addiction services for youth in Manitoba.

The Attention Deficit Hyperactivity Disorder Service (ADHD) has a provincial mandate to provide assessment, treatment and consultative services to children and youth who have Attention Deficit Hyperactivity Disorder and their families/guardians. The service is comprised of a multidisciplinary team that works collaboratively with families and other systems.

Telehealth consultation services are provided to those that are living outside of Winnipeg. The ADHD Service staff work in partnership with Community Child and Adolescent Mental Health regional offices in those areas.

The Brief Child & Adolescent Treatment Service (BCATS) is a sub-service of the Community Child & Adolescent Treatment Service. The service provides a brief treatment model to clients on the wait list depending on the client's acuity.

The Community Child and Adolescent Treatment Service (CCATS) provides a range of community based mental health treatment services to children and adolescents (ages 5 to 18 years), and their families. These services are provided in the Winnipeg area to those experiencing emotional, behavioural, or psychiatric difficulties.

The Early Childhood Clinic (ECC) is a service offered by MATC to help families with children 5 years of age and under, with their emotional and behavioural problems.

The Intensive Community Re-Integration Service (ICRS) offers comprehensive treatment and educational supports to children in early and middle adolescence that have complex mental health concerns that require support beyond that of traditional outpatient services. Family involvement is an integral part of the service through active participation with the care team and throughout the treatment process. Active involvement of the community school in areas of transportation and transition are key to the successful transition back to the community.

The Intensive Treatment Service is a hospital based service that provides intensive inpatient assessment and treatment services to adolescents with severe psychiatric and/or emotional disorders from Manitoba and the North.

The Neurodevelopmental Service (NDS) provides psychiatric support for children ages 5 - 18 years with complex neurodevelopmental issues. This service also provides assessment, education, consultation and support to families and community caregivers who are involved with school-aged children with Autism Spectrum Disorders.

The Rural and Northern Telehealth Service (RNTS) provides mental health services via telehealth to targeted First Nations communities in Northern Manitoba and was developed in response to recommendations that were outlined in the Reclaiming Hope: Manitoba's Youth Suicide Prevention Strategy.

The service works with partnerships formed with First Nations communities, stakeholders as well as branches of government such as the departments of Health, Family Services and the First Nations Inuit Health Branch.

The Student Mental Health Resource Team (SMHRT) provides focused services assisting students that are facing challenges within the school system related to mental health needs. Services are provided through a collaborative partnership between parents and students, school team members and SMHRT. The team consists of mental health staff and education system staff.

The Tourette Syndrome Service (TSS) provides consultation, assessment and treatment to children and adolescents who are experiencing symptoms of Tourette Syndrome in conjunction with associated disorders.

Youth Forensic Services (YFS) provides mental health Court Ordered assessments and treatment to adolescents involved with the youth criminal justice system. Staff also provide mental health services at Agassiz Youth Centre (AYC) and Probation Services.

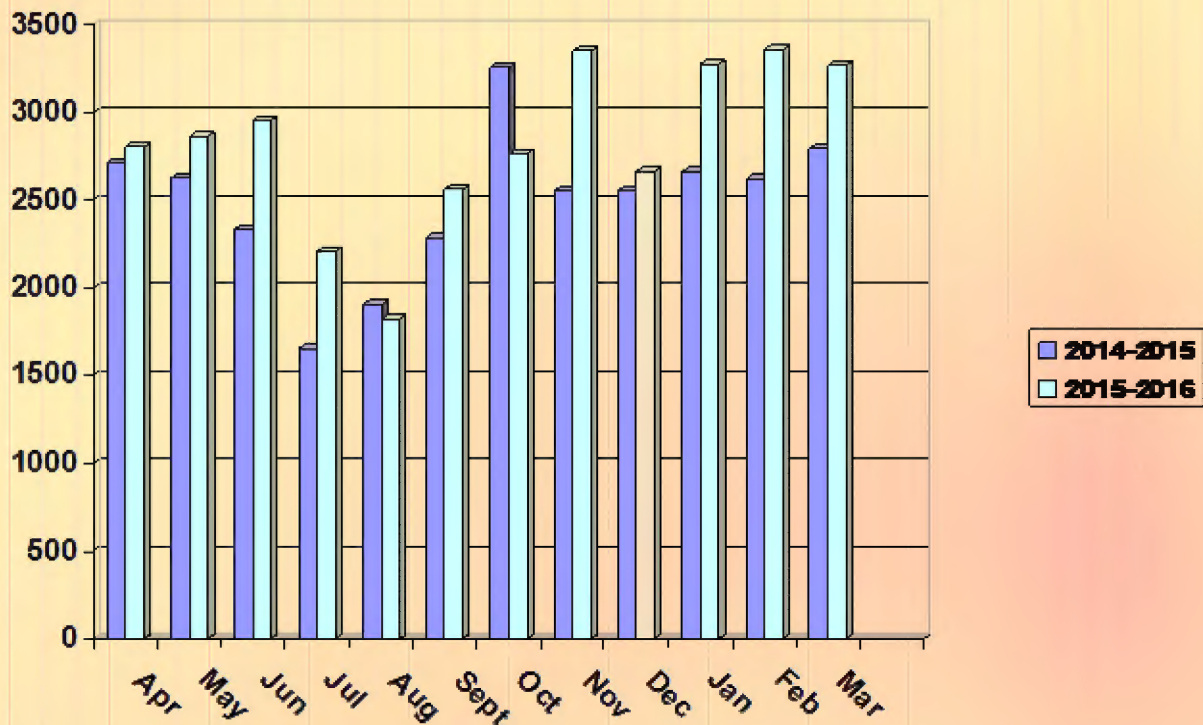
Additional services provided by MATC include consultation and/or assessment to:

- Gender Dysphoria Assessment & Action for Youth Service
- Ji-zhaabwiing
- Knowles Centre
- Marymound
- Pediatric Adolescent Satellite Clinic
- St. Amant Centre
- Winnipeg West Access
- Corydon Access
- Concussion Clinic

Services to other Regions - MATC also provides psychiatric consultation services to Regional Health Authorities across Manitoba working in partnership with community mental health within each of the different regions. MATC psychiatrists provide services onsite within each of the regions as well as via telehealth.

NEW INITIATIVES

- MATC Residency Program
- Stresshacks.ca navigational tool for youth, families, caregivers and professionals



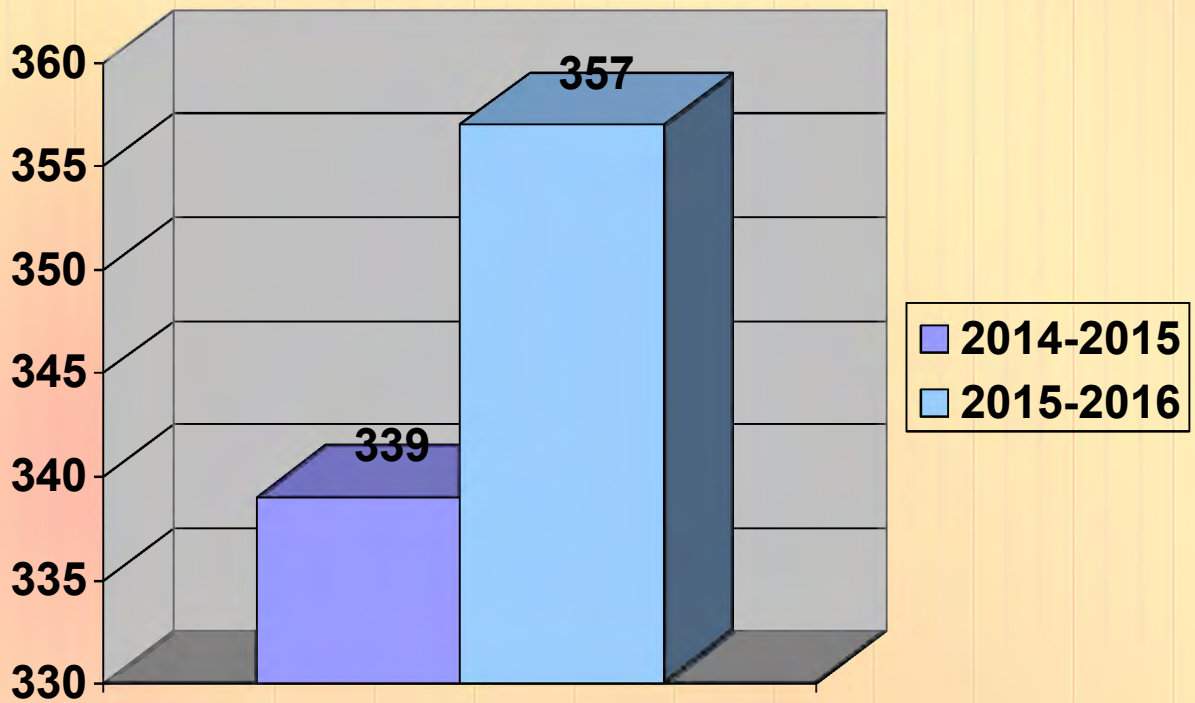
**MATC Client Contacts
2014/2015 and 2015/2016**

In 2014/2015, there were 3060 patients seen resulting in a total of 29,882 patient contacts. In 2015/2016, there were 3123 patients seen resulting in a total of 33,858 patient contacts. These stats are inclusive of all service areas:

<p>MATC Programs:</p> <ul style="list-style-type: none"> • Assess at Intake • ADHD Service • Brief Child & Adolescent Treatment Service • Community Child & Adolescent Treatment Service • Early Childhood Service • Intensive Community Re-Integration Service • Neurodevelopmental Service • Neurodevelopmental Service (Autism) • Rural & Northern Telehealth Service • Student Mental Health Resource Team • Tourette Syndrome Service • Youth Forensic Service 	<p>MATC Services to other Organizations</p> <p>Concussion Clinic Partnership Pediatric Consultation Clinic Gender Dysphoria Assessment & Action for Youth Service Knowles Centre Marymount Pediatric Adolescent Satellite Clinic St. Amant Centre University of Winnipeg</p>	<p>Services to other Regions:</p> <p>Burntwood Churchill Interlake Eastman Northern Regional Prairie Mountain South Eastman Southern Western</p>
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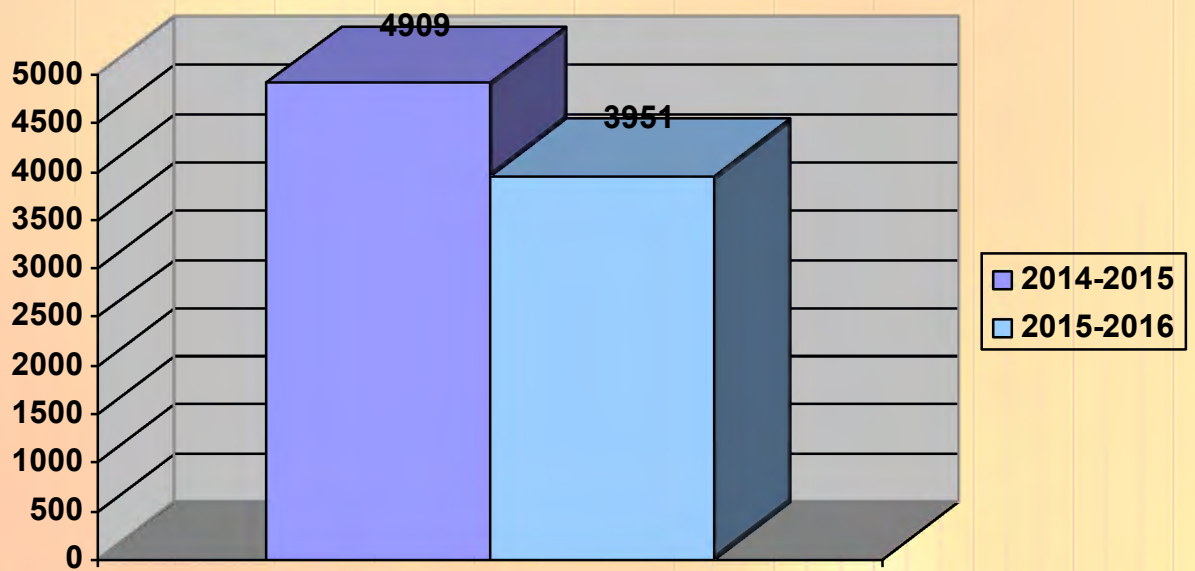
MATC YOUTH ADDICTIONS CENTRALIZED INTAKE REFERRALS

Number of Referrals Received for Youth Addictions



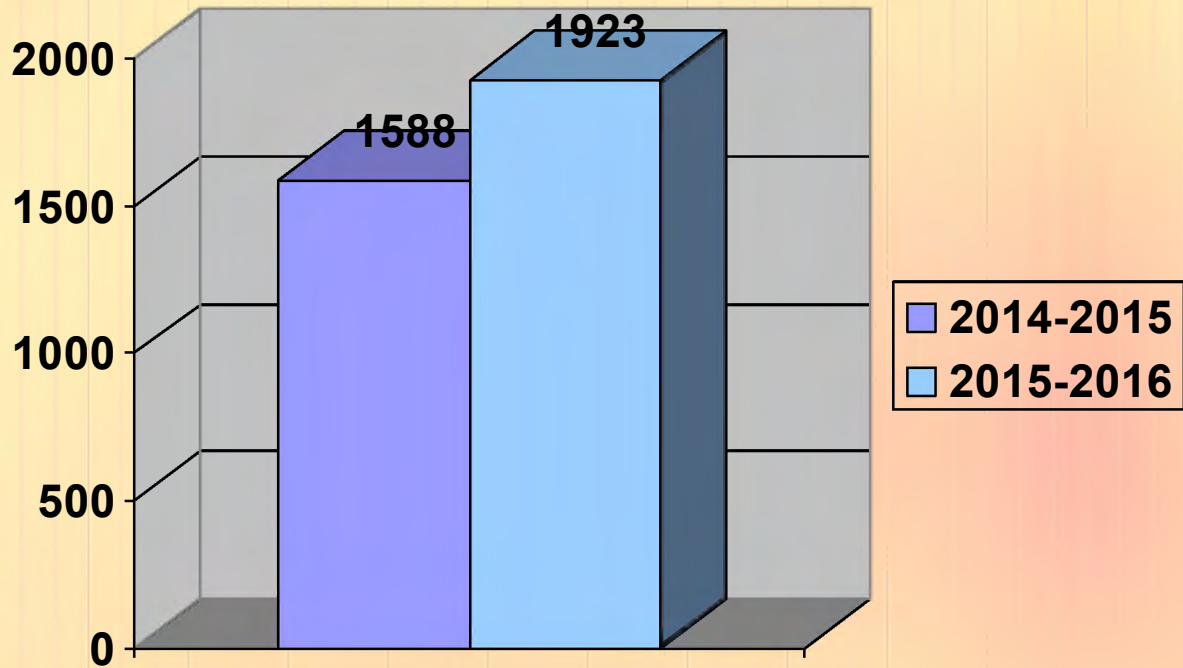
CHILD & ADOLESCENT MENTAL HEALTH CENTRALIZED INTAKE REFERRALS

Number of Referrals Received for all Child & Adolescent Mental Health



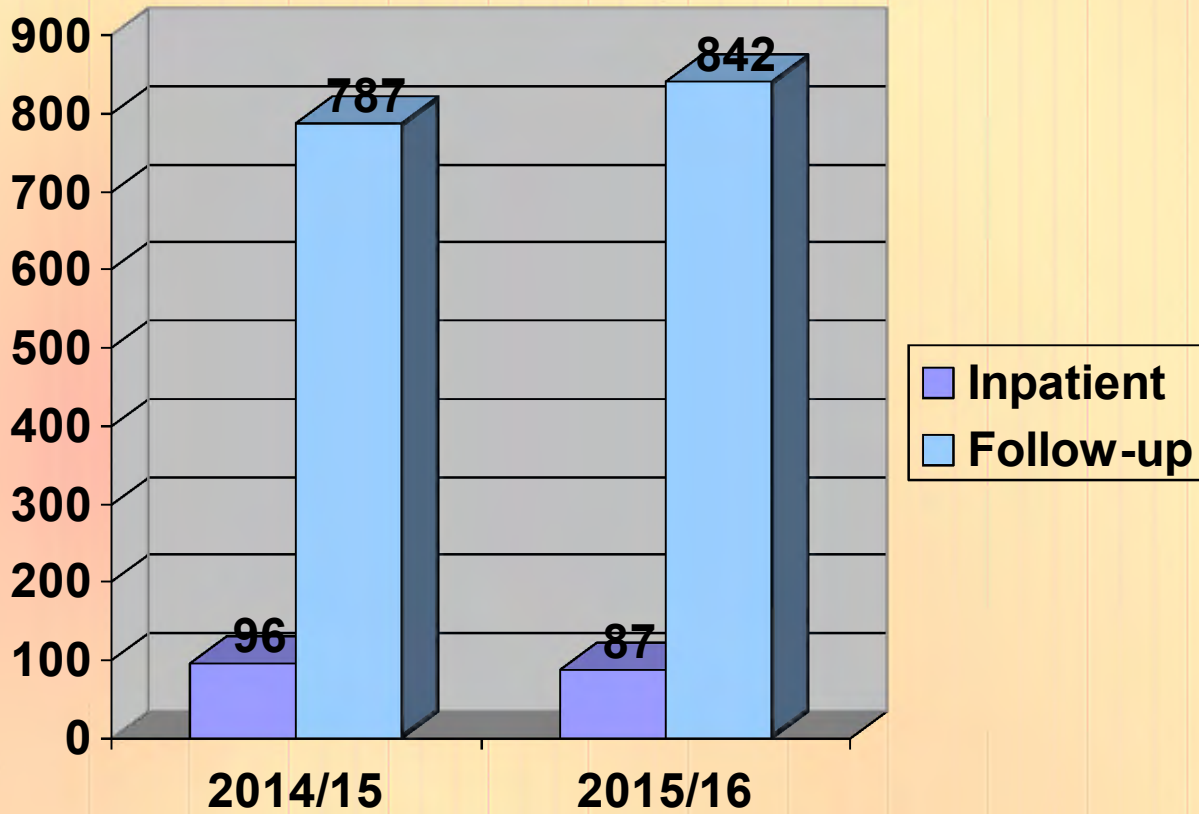
MATC REFERRALS – DIRECT

Number of Directly Received Referrals for MATC Services



Included in these stats are those referrals that come in directly to MATC (Youth Forensic Services; Intensive Treatment Service; Intensive Community Reintegration Service; Neurodevelopmental Service, and Tourette Syndrome Service which were not processed through the Child & Adolescent Mental Health - Centralized Intake Service).

INTENSIVE TREATMENT SERVICE Average Length of Stay



YEAR	Inpatient Number of Clients	Follow-up Number of Clients
2014/15	46	25
2015/16	56	28

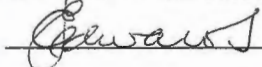
While the average length of stay on the inpatient unit decreased in 2015/16 fiscal year, the use of follow up service increased to meet patient needs.

Follow up length of stay was up in 2015/16 (842 days in service) as opposed to the previous fiscal year (787 days in service)

MANITOBA ADOLESCENT TREATMENT CENTRE INC.
Statement of Financial Position
March 31, 2016

	2016	2015
Assets		
Current		
Cash and short term investments	\$ 1,993,943	\$ 977,707
Accounts receivable - Winnipeg Regional Health Authority	942,397	527,586
Accounts receivable - other	68,024	107,033
Accrued vacation entitlement - Winnipeg Regional Health Authority	776,351	776,351
Goods and services tax recoverable	64,206	29,756
Prepaid expenses	25,163	22,681
Sick leave receivable	39,428	106,776
	3,909,512	2,547,890
Pre-retirement leave receivable (Note 2)	1,138,960	1,187,950
Capital assets (Note 5)	1,733,423	1,812,248
	\$ 6,781,895	\$ 5,548,088
Liabilities		
Current		
Accounts payable	\$ 336,026	\$ 100,692
Vacation pay payable	705,320	686,492
Accrued wages	222,352	280,669
Accrued sick leave payable (Note 9)	39,428	106,776
Due to Winnipeg Regional Health Authority (Note 10)	1,152,660	-
	2,455,786	1,174,629
Deferred contributions (Note 6)	198,129	287,176
Deferred contributions relating to capital assets (Note 7)	541,305	605,931
Pre-retirement leave payable (Note 8)	1,122,833	1,171,820
	4,318,053	3,239,556
Net assets	2,463,842	2,308,532
	\$ 6,781,895	\$ 5,548,088

ON BEHALF OF THE BOARD

 _____ Director

_____ Director

