



Annual Report  
2014-2015

Bringing Technology  
To the Forefront

## **MISSION STATEMENT**

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders.

MATC strives to be sensitive, responsive, and innovative in meeting the changing needs of children, adolescents, families and communities.



## **VISION STATEMENT**

MATC assumes a leadership role in the delivery of a prompt accessible range of integrated mental health services.

MATC creates respectful partnerships with parents and communities to help children and adolescents achieve a maximum possible quality of life.

## CHIEF EXECUTIVE OFFICER REPORT

MATC unveiled its new website in March 2015. The objective of the website is to provide information and support to youth and parents/caregivers with regards to mental health literacy, access to mental health services and providing mental health information. The website has been well received by the general public. The “contact us” element of the website is monitored regularly and queries are responded to as quickly as possible. The website provides information on MATC services that is for download and links to other reputable mental health websites. Plans for future development include virtual tours of MATC sites. Please take the opportunity to visit the website at [www.matc.ca](http://www.matc.ca).

With support from Manitoba Health, MATC developed and will maintain a new provincial website for youth, families/caregivers, educators and helpers. The website is called Stresshacks and was made public on October 5, 2015 during Mental Illness Awareness Week. The website was introduced to the public by Minister Deanne Crothers.

The website is a navigational tool to assist in accessing mental health services and offering information on mental health. The focus is on youth from the age of 10-24 and was developed over the last 2 years with the assistance of a broad-based advisory group and Manitoba e-Health Services. A large number of focus groups were held across the province to gather feedback from youth, families/caregivers and educators. Feedback from these focus groups was then incorporated into the website.

Along with mental health information and links to a variety of websites, Stresshacks is able, through the use of a geolocator, to pinpoint where in the province someone has logged on from and give them the exact location of mental health resources in their geographic area. All feedback on the site is greatly appreciated. Stresshacks can be accessed at [www.stresshacks.ca](http://www.stresshacks.ca).

MATC continues to participate in research projects. The latest project is a collaboration between the University of Manitoba (Dr. Roberta Woodgate, Dr. Laurence Katz), a WRHA Primary Care Access site, a private practice pediatric group and MATC (CCATS Mental Health Clinician and a MATC Child and Adolescent Psychiatrist) that focuses on the concept of stepped care in a primary care setting. This research project will be ongoing for the next year or so.

MATC continues its partnership with the Manitoba Centre for Health Policy (MCHP) through the sharing of our database.

MATC is also participating in a pilot project with the WRHA Winnipeg West Access Centre, in that, a CCATS Mental Health Clinician will be providing consultation and direct service within Winnipeg West.

The Rural and Northern Telehealth Service (RNTS) continues to expand its services to more Northern communities with the addition of St. Theresa Point. It is anticipated that three other Island Lakes communities will also become part of the service in the near future. The RNTS service underwent a review over the last 18 months and will be incorporating feedback from the review into its service delivery model.

The Neurodevelopmental Service is currently undergoing a review with respect to its scope of service, resources and future direction. The review is in the early stages and it is hoped that the results of the review will form the blueprint for future planning.

We are hoping to enhance our telehealth capacity through the addition of a telehealth unit at the 165/167 St. Mary's Road site. This would facilitate province wide consultation in the area of ADHD and Centralized Intake. With the addition of this telehealth unit, all MATC sites would then have telehealth capacity.

Marg Synyshyn  
Chief Executive Officer

## **MATC SERVICE AREA REPORTS**

*MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. A full continuum of programs and services, both community and hospital based, are available to children, adolescents and their families. Services range from brief interventions to intensive long-term treatment. Treatment is provided from a variety of perspectives and is delivered in partnership with parents and collateral agencies.*

Services are for children and youth ages 3 to 18 located within several sites and include the following:

- Child & Adolescent Mental Health Service Centralized Intake
- Youth Addictions Centralized Intake Service
- Attention Deficit Hyperactivity Disorder Service
- Brief Community Child & Adolescent Treatment Service
- Community Child & Adolescent Treatment Service
- Early Childhood Clinic
- Intensive Community Re-Integration Service
- Intensive Treatment Service - Inpatient
- Neurodevelopmental Service
- Neurodevelopmental Service - Autism
- Rural & Northern Telehealth Service
- Student Mental Health Resource Team
- Tourette Syndrome Service
- Youth Forensic Service
- Services to Other Organizations
- Services to Other Regions

Clients may cross service areas depending on their needs.

MATC's clinical database is an integrated system that facilitates and supports service delivery to its client base across both MATC services and Health Sciences Centre's child and adolescent mental health services. In addition to providing clinical decision making support it also serves as a management decision support mechanism.

Telehealth capabilities at 120 Tecumseh, 848 William and 228 Maryland sites furthers our work with clients across Manitoba's rural and northern communities.

### ***CENTRALIZED INTAKE SERVICES***

**The Child & Adolescent Mental Health Centralized Intake Service** provides a single point of entry to child and adolescent mental health services making it easier to navigate for families and professionals to access service.

During the last fiscal year, Centralized Intake received 3,484 referrals. Of those referrals:

43.85% were referred to MATC services  
24.68% were referred to HSC services  
19.40% were referred to External services  
12.05% declined services

PLEASE NOTE THAT THIS IS A  
CORRECTION FROM THE ORIGINAL  
RELEASE.

**Youth Addictions Centralized Intake Service** is a Provincial service that offers information and support to parents regarding the Youth Drug Stabilization (Support for Parents) Act. It serves to provide information to youth, their families and allied professionals regarding addiction services for youth in Manitoba.

During the last fiscal year, the service received 399 referrals. Of these referrals:

172 clients had a confirmed mental illness  
140 clients had suspected mental illnesses.  
226 referrals were received from parents,  
173 were received from Child & Family Services or other agencies.

**ATTENTION DEFICIT HYPERACTIVITY SERVICE**

**The Attention Deficit Hyperactivity Disorder Service (ADHD)** has a provincial mandate to provide assessment, treatment and consultative services to children and youth who have Attention Deficit Hyperactivity Disorder and their families/guardians. The service is comprised of a multidisciplinary team that works collaboratively with families and other systems.

Telehealth consultation services are provided to those that are living outside of Winnipeg. The ADHD Service staff work in partnership with Community Child and Adolescent Mental Health regional offices in those areas.

During the last fiscal year there were:

- 346 Clients in Program
- 245 Admissions to Service
- 216 Discharges/Transfers

**BRIEF CHILD & ADOLESCENT TREATMENT SERVICE**

**The Brief Child & Adolescent Treatment Service (BCATS)** is a sub-service of the Community Child & Adolescent Treatment Service. The service provides a brief treatment model to clients on the wait list depending on the client's acuity.

During the last fiscal year there were:

- 361 Clients in Program
- 289 Admissions to Service
- 282 Discharges/Transfers

**COMMUNITY CHILD & ADOLESCENT TREATMENT SERVICE**

**The Community Child and Adolescent Treatment Service (CCATS)** provides a range of community based mental health treatment services to children and adolescents (ages 5 to 18 years), and their families. These services are provided in the Winnipeg area to those experiencing emotional, behavioural, or psychiatric difficulties. During the last fiscal year there were:

- 408 Clients in Program
- 210 Admissions to Service
- 208 Discharges/Transfers

**EARLY CHILDHOOD CLINIC**

**The Early Childhood Clinic (ECC)** is a service offered by MATC to help families with children five years of age and under, with their emotional and behavioural problems.

During the last fiscal year there were:

- 47 Clients in Program
- 26 Admissions to Service
- 30 Discharges/Transfers

**INTENSIVE COMMUNITY RE-INTEGRATION SERVICE**

**The Intensive Community Re-Integration Service (ICRS)** offers comprehensive treatment and educational supports to children in early and middle adolescence that have complex mental health concerns that require support beyond that of traditional outpatient services. Family involvement is an integral part of the service through active participation with the care team and throughout the treatment process. Active

involvement of the community school in areas of transportation and transition are key to the successful transition back to the community.

During the last fiscal year there were:

20 Clients in Program  
13 Admissions to Service  
5 Discharges/Transfers

### ***INTENSIVE TREATMENT SERVICE – Inpatient***

**The Intensive Treatment Service** is a hospital based service that provides intensive assessment and treatment services to adolescents with severe psychiatric and/or emotional disorders from Manitoba and the North.

During the last fiscal year there were:

46 Clients in Program  
34 Admissions to Service  
36 Discharges/Transfers

### ***NEURODEVELOPMENTAL SERVICE***

**The Neurodevelopmental Service** (NDS) provides psychiatric support for children ages 5 - 18 years with complex neurodevelopmental issues. This service also provides assessment, education, consultation and support to families and community caregivers who are involved with school-aged children with Autism Spectrum Disorders.

During the last fiscal year there were:

702 Clients in Program  
203 Admissions to Service  
198 Discharges/Transfers

### ***RURAL & NORTHERN TELEHEALTH SERVICE***

**The Rural and Northern Telehealth Service** (RNTS) provides mental health services via telehealth to targeted First Nations communities in Northern Manitoba and was developed in response to recommendations that were outlined in the Reclaiming Hope: Manitoba's Youth Suicide Prevention Strategy.

The service works with partnerships formed with First Nations communities, stakeholders as well as branches of government such as the departments of Health, Family Services and the First Nations Inuit Health Branch.

During the last fiscal year there were:

92 Clients in Program  
44 Admissions to Service  
46 Discharges/Transfers

### ***STUDENT MENTAL HEALTH RESOURCE TEAM***

**The Student Mental Health Resource Team** (SMHRT) provides focused services assisting students that are facing challenges within the school system related to mental health needs. Services are provided through a collaborative partnership between parents and students, school team members and SMHRT. The team consists of mental health staff and education system staff.

During the last fiscal year there were:

151 Clients in Program  
81 Admissions to Service  
108 Discharges/Transfers

## ***TOURETTE SYNDROME SERVICE***

**The Tourette Syndrome Service (TSS)** provides consultation, assessment and treatment to children and adolescents who are experiencing symptoms of Tourette Syndrome in conjunction with associated disorders.

During the last fiscal year there were:

373 Clients in Program  
76 Admissions to Service  
88 Discharges/Transfers

## ***YOUTH FORENSIC SERVICES***

**Youth Forensic Services (YFS)** provides mental health Court Ordered assessments and treatment to adolescents involved with the youth criminal justice system. Staff also provide mental health services at Agassiz Youth Centre (AYC) and Probation Services.

During the last fiscal year there were:

502 Clients in Program  
337 Admissions to Service  
260 Discharges/Transfers

## **ADDITIONAL SERVICES PROVIDED BY MATC**

Additional services provided by MATC include consultation and/or assessment to:

- Gender Dysphoria Assessment & Action for Youth Service
- Ji-zhaabwiing
- Knowles Centre
- Marymount
- Pediatric Adolescent Satellite Clinic
- St. Amant Centre

During the last fiscal year there were:

330 Clients in Program  
152 Admissions to Service  
114 Discharges/Transfers

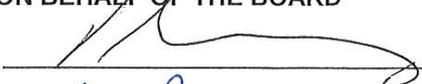
MATC also provides psychiatric consultation services to Regional Health Authorities across Manitoba working in partnership with community mental health within each of the different regions. MATC psychiatrists provide services onsite within each of the regions as well as via telehealth.

During the last fiscal year there were:

546 Clients in Program  
207 Admissions to Service  
209 Discharges/Transfers

**MANITOBA ADOLESCENT TREATMENT CENTRE INC.****Statement of Financial Position****March 31, 2015**

	2015	2014
<b>Assets</b>		
Current		
Cash and short term investments	\$ 977,707	\$ 1,108,684
Accounts receivable - Winnipeg Regional Health Authority	527,586	184,498
Accounts receivable - other	107,033	79,417
Accrued vacation entitlement - Winnipeg Regional Health Authority	776,351	776,351
Goods and services tax recoverable	29,756	24,810
Prepaid expenses	22,681	11,607
	<b>2,441,114</b>	<b>2,185,367</b>
Pre-retirement leave receivable (Note 2)	1,187,950	1,340,950
Sick leave receivable	106,776	167,776
Capital assets (Note 5)	1,812,249	1,818,826
	<b>\$ 5,548,089</b>	<b>\$ 5,512,919</b>
<b>Liabilities</b>		
Current		
Accounts payable	\$ 100,693	\$ 173,908
Vacation pay payable	686,492	663,259
Accrued wages	280,669	240,076
Accrued sick leave payable (Note 9)	106,776	167,776
	<b>1,174,630</b>	<b>1,245,019</b>
Deferred contributions (Note 6)	287,176	25,609
Deferred contributions relating to capital assets (Note 7)	605,931	672,933
Pre-retirement leave payable (Note 8)	1,171,820	1,324,820
	<b>3,239,557</b>	<b>3,268,381</b>
Net assets	<b>2,308,532</b>	<b>2,244,538</b>
	<b>\$ 5,548,089</b>	<b>\$ 5,512,919</b>

**ON BEHALF OF THE BOARD**  
\_\_\_\_\_  
Director  
\_\_\_\_\_  
Director

See notes to financial statements

